

BREAKFAST

7AM - 12PM

Healthy Start
Nut & fruit granola, plain yogurt & milk, topped with fresh fruit & chia seeds

The Usual 65K Scrambled or fried eggs, bacon rashers, grilled tomatoes, chicken chipolata sausages served with sourdough toast & butter

Egg & Bacon Roll 65K

Fried egg, crispy bacon, cheddar cheese, caramelised onion, tomato sauce & BBQ sauce in a toasted brioche bun

Cheese & Tomato Croissant 65K

Dijon mustard, fresh sliced tomato, mozarella cheese, grilled in a flakey, buttery croissant

Ham & Cheese Toastie 65K

Smoked leg ham, mozarella cheese in chunky buttered sourdough toast

Avo Smash 65K

Smashed avocado, feta cheese, fresh mint, on pesto smothered sourdough, topped with toasted cashews

3 Egg Omelette 65K

Spinach, bocconcini cheese, sun dried tomatoes in a parmesan cheese loaded omelette, served with cursty bread

PASTRIES & SWEETS

MEAT PIES & SAUSAGE ROLLS

Plain Croissant	17K	Minced beef	48K	
Chocolate Croissant	22K	Steak & Cheese	48K	
Blueberry Danish	22K	Steak & Onion	48K	
Banana Bread	39K	Pork Rendang	48K	
Carrot Cake	39K	Pork mince sausage roll	35K	
Chocolate Brownies	13K	ğ		
Chewy Choc Chip Cookies	22K			



LUNCH

12PM - 3PM

Salad Bagel 65K

Sesame seeded bagel, dijonnaise, cherry tomatoes, red onion, rocket leaves, cheddar cheese, grilled to perfection

Italian Sandwich 82K

Ciabatta bread smothered with basil pesto, sun dried tomatoes, sopressa salami, beef pastrami, mozarella cheese & rocket leaves, grilled to perfection

Open BRAT Sandwich 82K

Toasted sourdough with smashed avocado, crispy bacon, roast organic tomatoes & rocket leaves, drizzled with olive oil & balsamic reduction

Roast Tomato Toast 82K

Pesto smothered sourdough with roast organic tomatoes, bocconcini cheese, fresh basil leaves, drizzled with olive oil & balsamic reduction

Jambon Baguette 82K

Smoked leg ham, brie cheese, caramelised onion in a toasted crispy baguette

Cuban Sandwich 82K

Dijon mustard, smoked leg ham, sliced pickles, and grilled cheddar cheese in a toasted ciabatta

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BEVERAGES

7AM - 3PM

COFFEE & TEA		SLOW PRESSED	
Espresso, Piccolo, Macchiato Double Espresso Flat White, Cappuccino, Latte Hot Chocolate Babycino	30K 35K 35K 42K 20K	JUICE 250M MAKE YOUR OWN Choose your own blend of delicious seasonal fruit & veg	100K
Extra shot Matcha Latte Pot of English Breakfast	20K 35K 35K	DETOXIFY 56K Apple, celery, cucumber, ginger, lenturmeric	non,
OAT / COCONUT / ALMOND MILK	10K	YOUNG AT HEART 56K Carrot, pineapple, apple, turmeric	100K
Glass of mineral water Soda / Sprite / Coke Iced Coffee / Chocolate Iced Matcha Latte FRESH COCONUT SMOOTHIE BOWLS GO NUTS MATE Frozen banana, coconut milk, coconut syrup, peanut butter, cocoa powder, chia seeds BUTTERFLY EFFECT Frozen banana, coconut milk, butterfly pea powder, mixed berries, coconut syrup	4K 22K 42K 42K 3 5 K 6 5K	METABOLISM BOOSTER 56K Beetroot, dragonfruit, ginger, apple HANGOVER CURE 56K Pineapple, ginger, lemon, orange HEALTH SHOTS 1 BALI BELLY CURE Activated charcoal, coconut water, coconut syrup IMMUNITY BOOSTER Turmeric, lemon, honey, ginger EXTREME LIVER DETOX Beets, dragonfruit, orange, turmeric CLEANSE & DETOX	100K O O M L 39K lemon, 39K 39K
PIÑA COLADA Frozen banana, coconut milk, pineapple, coconut syrup, fresh milk LEAN GREEN MACHINE Frozen banana, avocado, spirulina, coconut milk, coconut syrup DATE NIGHT Banana, dates, coconut milk, coconut syrup, chia seeds	65K 65K 65K	PROGRAM Choose your own mix of juices & health shots, or follow our cleanse program! 3 DAYS - Rp 1,000,000 Total 3 x 100ml health shots, 6 x 500ml juice blends, 3 x 500ml smoothies 5 DAYS - Rp 1,782,000 Total 5 x 100ml health shots, 10 x 500ml juice blends, 5 x 500ml smoothies Take home or enjoy daily at our cafe!	

All prices are in Rupiah 000's and subject to 10% Government tax & 5% service charge